WEEKLY GOALS PLANNER

Turn weekly goals into clear daily action.

WEEK OF _____

THIS WEEK'S GOALS

1. _____
2. _____
3. _____
4. _____

WINS / PROGRESS

_____

_____

_____

_____

_____

NEXT WEEK

_____

_____

DAILY ACTION

MONDAY

- [ ] _____
- [ ] _____
- [ ] _____

TUESDAY

- [ ] _____
- [ ] _____
- [ ] _____

WEDNESDAY

- [ ] _____
- [ ] _____
- [ ] _____

THURSDAY

- [ ] _____
- [ ] _____
- [ ] _____

FRIDAY

- [ ] _____
- [ ] _____
- [ ] _____

WEEKEND

- [ ] _____
- [ ] _____
- [ ] _____